

These labs may be of clinical benefit: A1c, CMP, Cholesterol Panel, Fasting insulin

Risk Profile

- Pre-diabetes Screening Negative
- Patient Reported BMI: **30.90**
- Tobacco or Vape Status: **NOT A SMOKER**
- Patient reported Chronic Conditions:

PreventScripts Program Recommendations

- Healthy Weight Program. Consider Metabolic Syndrome Diagnosis criteria

Stage of Motivation

Action Stage - Action

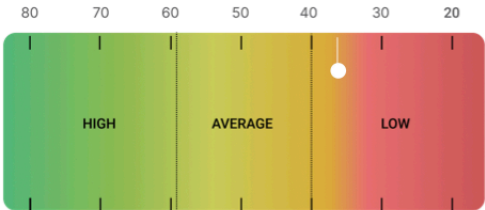
Support their efforts by acknowledging progress and providing encouragement. Offer strategies to overcome obstacles and suggest adjustments to their plan as needed. Celebrate their successes, no matter how small, to boost their confidence and commitment

Source - Prochaska Diclemente Stage of Change

Patient Reported Outcomes

NIH TOOLBOX ITEM BANK/FIXED FORM V.20-SELF EFFICACY (13 - 17 YEARS)

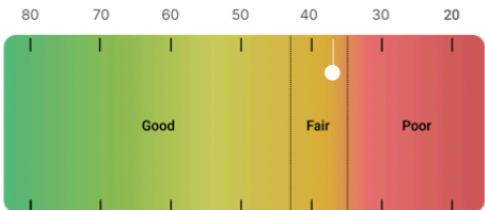
Score: 37.2 - LOW



- For kids with low self-efficacy, it's crucial to provide extensive support to help them achieve their goals. Simplify tasks into manageable steps and celebrate every small victory to gradually build their confidence. Encourage consistent use of our app, where they can complete and review weekly surveys and tips, ensuring they see their progress and remain motivated on their journey.

PROMIS PEDIATRIC GLOBAL HEALTH 7

Score: 37.2 - FAIR



- PGH-7 rating of Fair indicates the patient feels their current services are less positively impacting their health outcomes. PreventScripts Daily Tips, Weekly Surveys, and Monthly RPM services are designed to improve these scores over time

Social Determinants Of Health

- If you have any 'Yes' responses to the survey questions, they will be shown here:
 - In the last 12 months, did you ever eat less than you felt you should. Because there wasn't enough money for food?
 - Are you worried that in the next 2 months, you may not have stable housing?
 - In the last 12 months, have you ever had to go without health care because you didn't have a way to get there?
 - I often feel that I lack companionship.
 - Are any of your needs urgent? For example: I don't have food tonight, I don't have a place to sleep tonight
 - If you checked YES to any boxes above, would you like to receive assistance with any of these needs?