



## Solutions Overview for Hospitals

# Comprehensive Behavioral Health

From the nation's leading virtual psychiatry & therapy practice



### Challenge

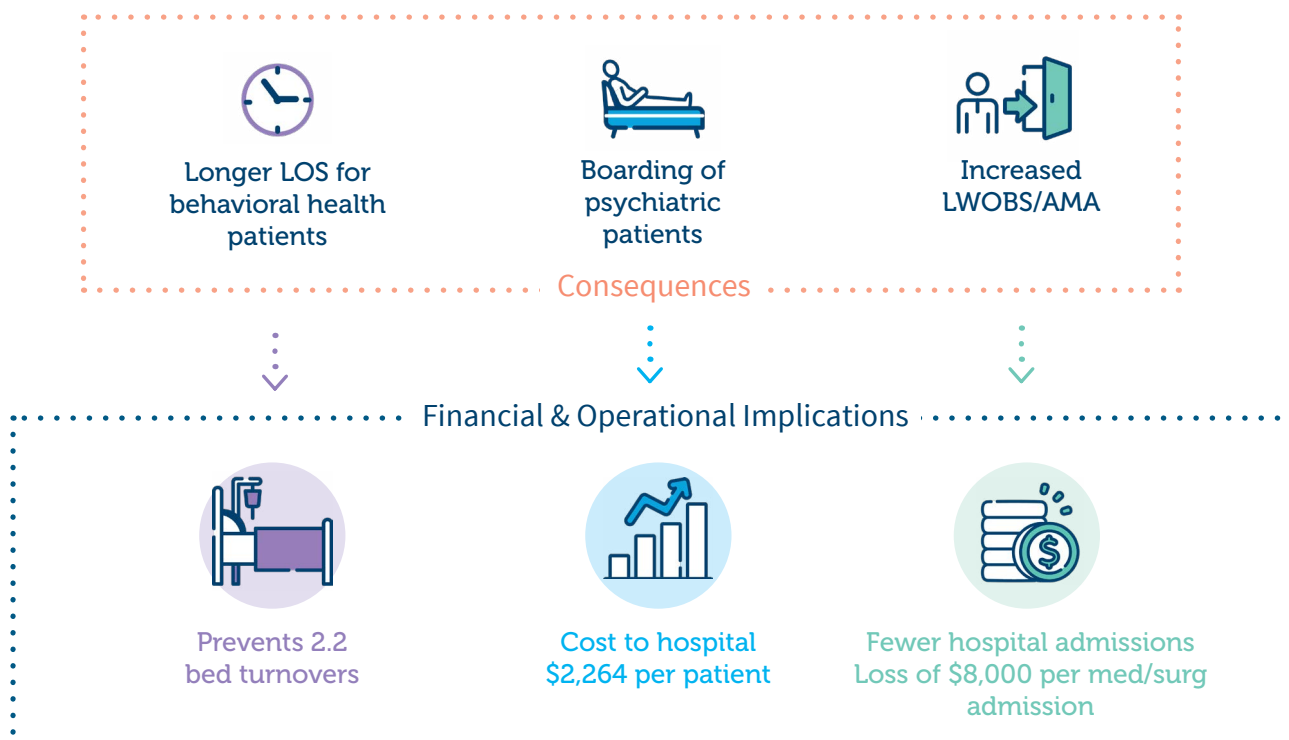
Given the severe shortage of psychiatrists and limited access to outpatient mental health services, individuals with behavioral health needs are increasingly turning to hospitals for care.

Hospitals are under pressure to provide timely, high-quality, cost-effective patient care, yet many are struggling with critical staffing and resource shortages and provider burnout.

While the problem is undoubtedly most pronounced in your emergency department, care delays due to poor access to psychiatry specialists are likely affecting other upstream and downstream units at your hospital as well, including your inpatient medical floors and outpatient care settings.

High patient volume, together with worsening workforce shortages, has serious implications for patient outcomes and access to care as well as for the financial success of a hospital.

### Impact of Inefficient Management of Behavioral Health Patients in the ED



## The Solution

Array Behavioral Care is the only **virtual behavioral health practice delivering care across the continuum** from hospital to home through three flexible delivery models.



### OnDemand Care

Rapid, easy access to psychiatrists and behavioral health specialists for assessment, consultation, screening evaluation, initiation and management of treatment, case management and disposition

#### BENEFITS

- Reduced ED length of stay and psychiatric boarding
- Improved bed availability
- Decreased inappropriate admissions
- Better outcomes
- Cost avoidance w/ up to 10x ROI for ED partner

#### USE CASES

Emergency Department,  
Med/Surg Floors,  
Inpatient Psychiatric Units



### Scheduled Care

Dedicated clinician(s) available in consistent, preestablished blocks of time for initial evaluations, medication management, therapy, collaborative care and doc-to-doc consultation

#### BENEFITS

- Access turnkey psychiatric capacity
- Improved clinical outcomes with fully integrated care
- Reduce psychiatric hospitalizations and readmissions
- Minimize misuse of limited and costly emergency resources

#### USE CASES

Outpatient Behavioral Health  
and Primary Care Settings (in  
clinic or at home)



### AtHome Care

Virtualized outpatient clinic that provides psychiatry and therapy services directly to individuals in their homes through a secure, HIPAA-compliant platform

#### BENEFITS

- Access to behavioral health specialists in home
- Reduced wait times for appointments
- Convenience and great consumer experience
- Cost-effective care that reduces expensive hospitalizations

#### USE CASES

Discharge or referral option  
for patients and hospital  
employees

## About Array



Array Behavioral Care is a virtual psychiatry and therapy practice that was founded by clinicians more than 23 years ago. We employ and closely manage a large team of licensed psychiatrists, therapists, and behavioral health specialists who use evidence-based assessment tools and treatment protocols to provide high-quality, standardized care. Our clinicians are supported by administrative and technical teams and overseen by engaged, experienced clinical leaders ensuring they deliver care that is effective, safe, and clinically appropriate.

Want to learn more? Visit [arraybc.com](https://arraybc.com)