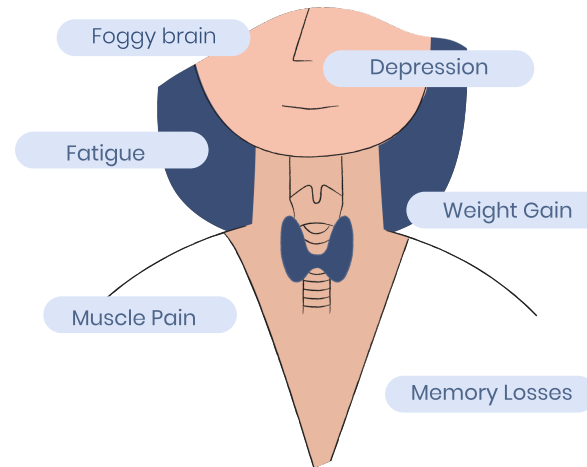




What is Hypothyroidism?

The thyroid produces hormones that regulate the body's energy use, along with many other important functions.

Hypothyroid patients suffer from a myriad of symptoms making the thyroid gland a proverbial powerhouse for overall well being.



Hypothyroidism is a chronic condition, patients will have to take medication every day for the rest of their life

1 In 8 Women Will Develop A Thyroid Condition In Her Lifetime



3 out of 5 have to see three or more doctors for care.



45% need to wait over a month for an appointment with a doctor.



66% need to take two or more hours of their day to see their doctor.

The barriers and burdens of traditional hypothyroid care are significant: People bounce from endocrinologists to nutritionist to primary care. They struggle to find specialists who understand their condition. It impacts every aspect of their life

A One-Size-Fits-All Approach That Frustrates Many Patients

Hypothyroidism can be a very prevalent, debilitating, and poorly addressed chronic conditions. It also disproportionately impacts women in the prime of their working years.

The incidence of hypothyroidism is rising and requires coordinated, multidisciplinary care that is not always available in our current fragmented healthcare system.

60%

Show some form of anxiety and depression

\$1,833.71

cost of lost work productivity per patients

73%

consider that every aspect of their life is impacted

2.5x

PMPY for hypothyroid patients than the baseline (IBM Market Scan, 2019)

6%

are completely satisfied with their treatment

46%

think they receive absolutely no support from their employers

Paloma Health's Full-Stack Approach

Paloma Health is a virtual-first thyroid clinic integrating evidence-based medical care and lifestyle changes support into a convenient, high-touch and data-driven care mode.

Paloma Health's approach has been focused on building a full-stack solution for hypothyroidism to make sure that patients are getting the attention and the care they deserve. Our program combines treatment with management and lifestyle changes to address both the root cause (Hashimoto's) and the consequences (hypothyroidism and its symptoms).

A Clinical Study to Validate our Findings

In 2021, we ran a small clinical trial and were truly amazed with the results. We leveraged a validated questionnaire, ThyPro-39, to validate our findings using patient reported outcomes. Symptoms and lab values showed a significant improvement: every symptom was improved and Hashimoto's antibodies levels were reduced by 40% on average.

In people with multiple chronic or autoimmune conditions, if you address the root causes of one diagnosis, the odds are very high that you have significantly impacted the other diagnoses as well. And when we help the patient focus on the diagnosis they want to solve, they find the energy to participate in their healthcare to the degree that positive change becomes possible.

Insurances we accept

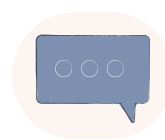
Doctor visits can be billed through insurance if member is in-network



Specialist
visits



At-home
blood test kit



Navigation &
community



Nutritionist
visits

How it Works?

01

**Doctors Who Specialize In
Hypothyroidism**

02

Personalized Treatment Plans

03

Ongoing Care And Support

To Learn More

www.palomahealth.com/for-employers