### Welcome to precision healthcare

**Get Started** 



## Each year, over 1 million Americans experience major preventable complications.

This leads patients to suffer from avoidable pain, stress, hospital readmissions, and longer recoveries - primarily as a result of improper preparation.



3 in 10 surgeries lead to complications



Surgeries make up 34% of all healthcare spending and are growing faster than any other category.







### When employees are unprepared, preventable complications cost employers and individuals.

**Treatment cost** 

\$ 9k each

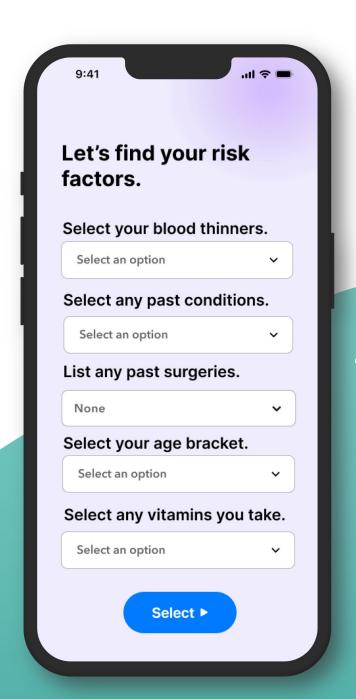
Extended hospital stay

\$ 18k each

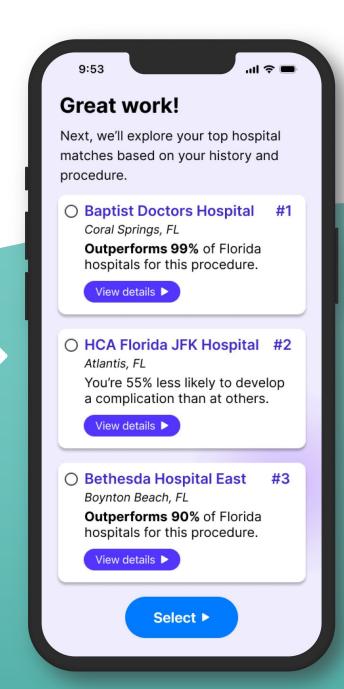
**Productivity loss** 

\$ 15k each

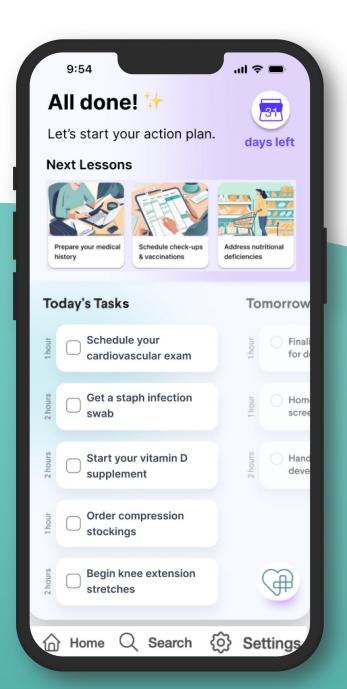
### Here's the process:



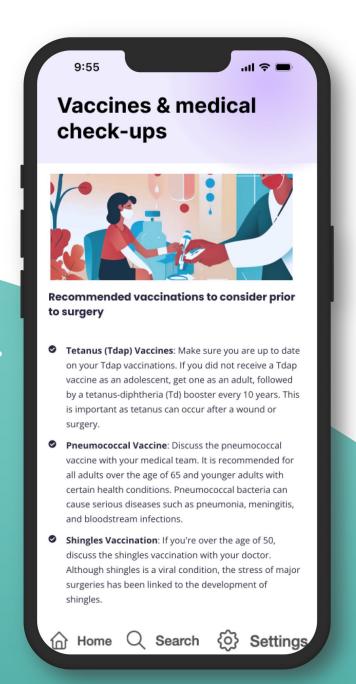
1) Create profile



2) Select providers



3) Start action plan

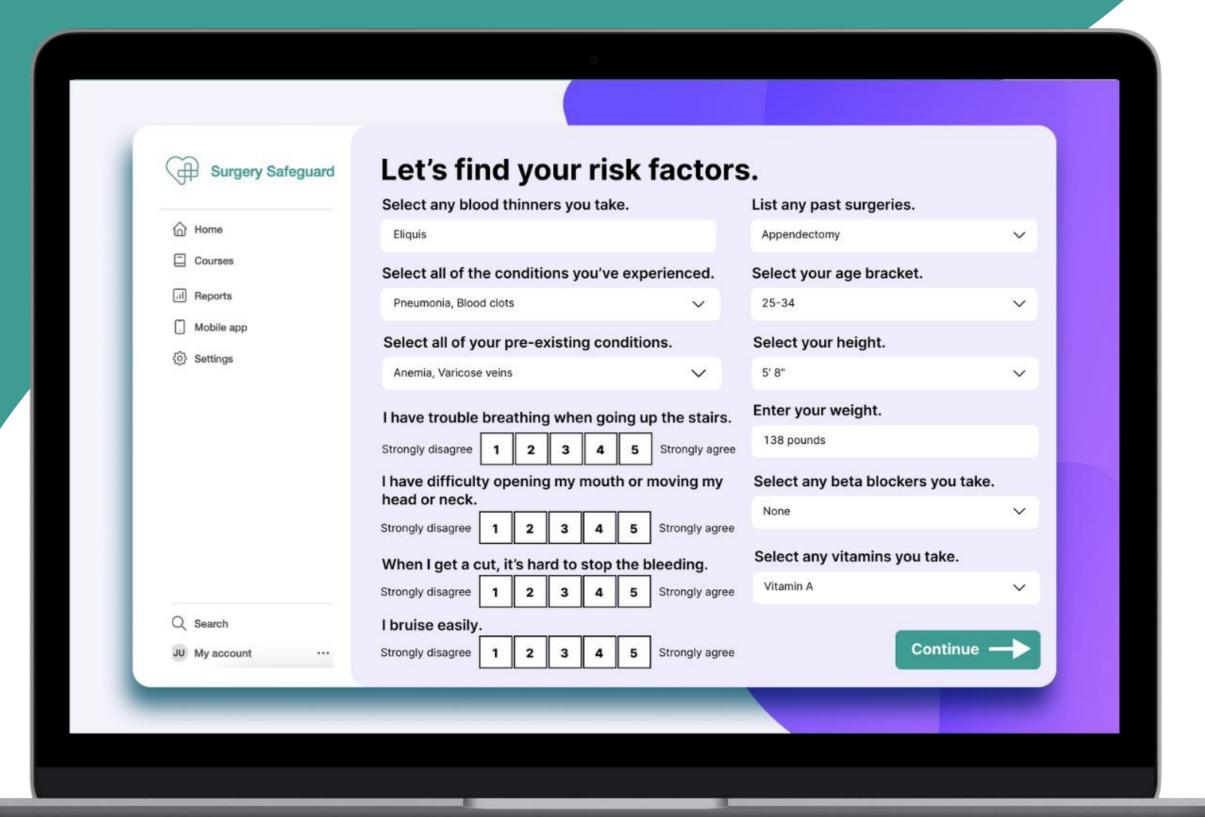


4) Complete lessons

#### Risk Profile

With End to End Health, we focus on your unique needs at every step.

Our service is built around a detailed risk factor profile we build from your history that shapes every step of your journey, from the hospital you select to your daily recovery action items.



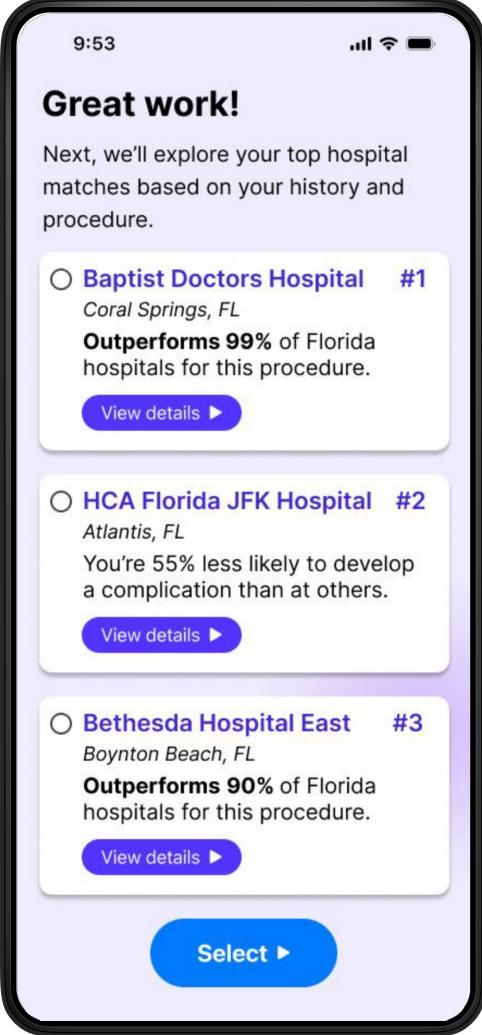
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# With this info, we'll match you with the right hospital.

Even within your county, the disparities can be up to:

- 117% longer recovery
- 175% longer hospital stay
- 1,300% higher mortality rate

We use millions of data points to match users with the optimal facility for their individual medical profile.



### Next, we'll help you find the right surgeon.

The right physician reduces complication rates by up to 98%, where the primary factor is the volume of similar procedures they've performed.

We connect patients to the optimal providers based on over 200 individual factors and over 10 million healthcare data points.



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www.endtoendhealth.com

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#### Vaccines & medical check-ups



#### Recommended vaccinations to consider prior to surgery

- Tetanus (Tdap) Vaccines: Make sure you are up to date on your Tdap vaccinations. If you did not receive a Tdap vaccine as an adolescent, get one as an adult, followed by a tetanus-diphtheria (Td) booster every 10 years. This is important as tetanus can occur after a wound or surgery.
- Pneumococcal Vaccine: Discuss the pneumococcal vaccine with your medical team. It is recommended for all adults over the age of 65 and younger adults with certain health conditions. Pneumococcal bacteria can cause serious diseases such as pneumonia, meningitis, and bloodstream infections.
- Shingles Vaccination: If you're over the age of 50, discuss the shingles vaccination with your doctor. Although shingles is a viral condition, the stress of major surgeries has been linked to the development of shingles.



Home

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Search



Setting

#### Bite-sized, evidencebased lessons

Since each section taking 3-5 minutes, users won't feel overwhelmed or get distracted while reviewing the modules.

With over 200 activities available, all plans are comprehensive.



# Customized roadmaps for targeted support

We provide only the content relevant to you, delivered when you need it. Our companion app is here to support you from preparation through recovery.

Pre-surgical assessments

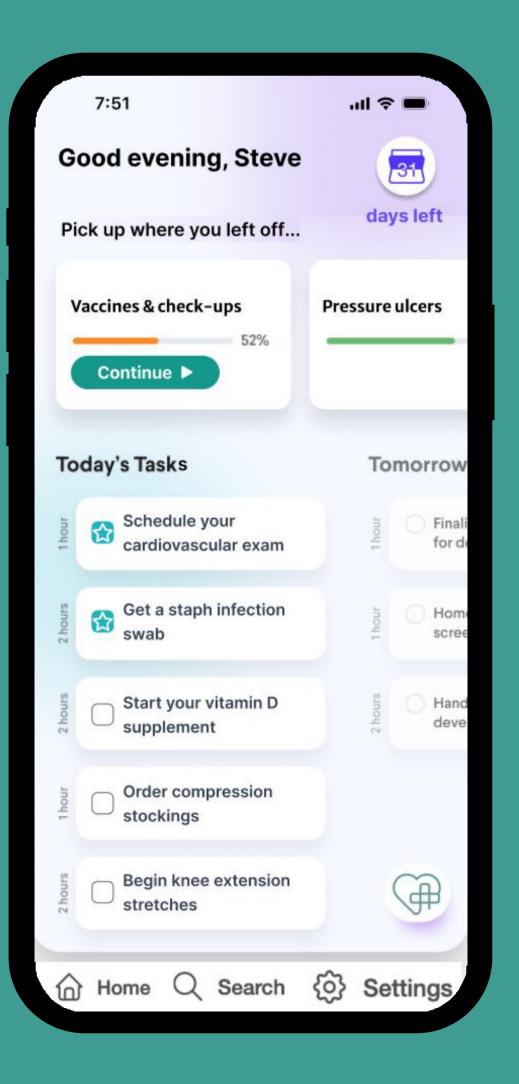
Accessible task list

Medication management

Timely reminders

Custom learning plan

Discharge support



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