



Diabetes management, redesigned

A personalized experience that helps members understand their blood sugar, develop healthy lifestyle habits and improve glycemic control.



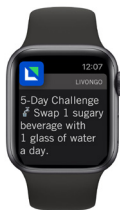
Key elements of the Livongo offering

Our data-driven approach provides members with personalized, actionable and timely support to drive lasting outcomes.



EFFORTLESS DATA COLLECTION

- Cellular meter provides real-time feedback for glucose reading
- Unlimited strips remove barriers for checking
- Food and activity tracking to understand lifestyle habits



PERSONALIZED HEALTH SIGNALS

- Health challenges drive small changes for big wins
- Health Nudges™ deliver calls to action when members are most receptive



HUMAN-CENTERED APPROACH

- 24/7 remote monitoring with emergency outreach
- 1:1 live coaching from Livongo expert coaches



Proven impact

INDUSTRY-LEADING SATISFACTION¹

+64

NET PROMOTER SCORE

3-YEAR OUTCOMES²

7.0%

AVERAGE SUSTAINED HbA1c

Enterprise support



Dedicated
implementation
and success teams



Member
communications
and support



Reporting on
engagement
outcomes



Care coordination
and integration

MEASURABLE CLINICAL OUTCOMES²

▼ 0.8%

HbA1c REDUCTION
AT 90 DAYS

\$131

PER PARTICIPANT
PER MONTH (PPPM)
COST SAVINGS

3.4x

YEAR-1 ROI

Accredited by and curriculum from the American Diabetes Association (ADA) and Association of Diabetes Care & Education Specialists (ADCES).

¹Data from 2019 SI.

²Data on file (DS-3547).

LEARN MORE: TeladocHealth.com | engage@teladocohealth.com

About Teladoc Health: Teladoc Health is transforming the healthcare experience and empowering people everywhere to live healthier lives. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages more than a decade of expertise and data-driven insights to meet the growing virtual care needs of consumers and healthcare professionals.

Teladoc
HEALTH