



Metabolic Health Reimagined

An Enterprise Intervention Platform For Value-Based Organizations



Our Approach

Based on five years of clinical data and employing best practices in metabolic medicine and behavioral science, Journeys Metabolic™ helps reverse and prevent metabolic disease for your member or patient population.



Physician developed, patient centric

A 4-month, evidence-based protocol that meets the patient where they are using AI-supported behavioral archetypes driven by claims, learning styles, readiness, and health literacy.

High value provider enablement

Designed to augment (not replace) existing care, we make providers' lives easier by bringing care into the home and reducing burnout.

HI-TRUST EHR interoperable solution

A seamless, low-friction integration enhances the performance and outcomes of your change management and population health strategy.

Close chronic disease care gaps at scale



Why Journeys Metabolic™?

Solving the widespread metabolic problem for your population.

9 in 10

US adults meet the criteria for a metabolic disease diagnosis



Improve clinical and financial outcomes

Our program helps improve clinical outcomes in the most important cost-driving measures, including on heavily weighted HEDIS scores.



Adopt a new bottomline

We help you optimize value-based care payments and transition to higher reimbursement models over time.



Complete metabolic health measurement

Our proprietary Journeys Metabolic Scorecard™ aggregates data across three key domains of the patient experience: **metabolic health, mental health, and quality of life.**



Proven Results

Our intervention protocol has helped thousands of patients lose weight, manage their blood sugar, and lower their blood pressure.

5-Year Program Results*

8%

Body weight reduction

> 2 years



17%

A1C reduction

pre 7.2% → post 6.0%



54%

NAFLD resolution

72% improvement

*Legacy protocol

Journeys Metabolic is the first enterprise intervention platform that helps value-based organizations improve clinical and financial outcomes for metabolic disease.