



remote
physiotherapy
platform

Mobithera is a remote physiotherapy platform that digitizes rehabilitation processes, making them accessible and personalized for both healthcare professionals and patients. By leveraging AI-powered motion tracking and real-time feedback, Mobithera offers personalized rehabilitation services independent of location, enabling patients to follow prescribed physiotherapy programs anytime and anywhere through their mobile devices.

- Initiation of Türkiye's first digital clinical trial for a Digital Therapeutic (DTx)
- Physiotherapy support for patients
- A library including 2,000+ exercises
- Exercise detection in various positions
- Exercise support with various equipments
- Active participation of physiotherapists in the process

Licensed Specialists

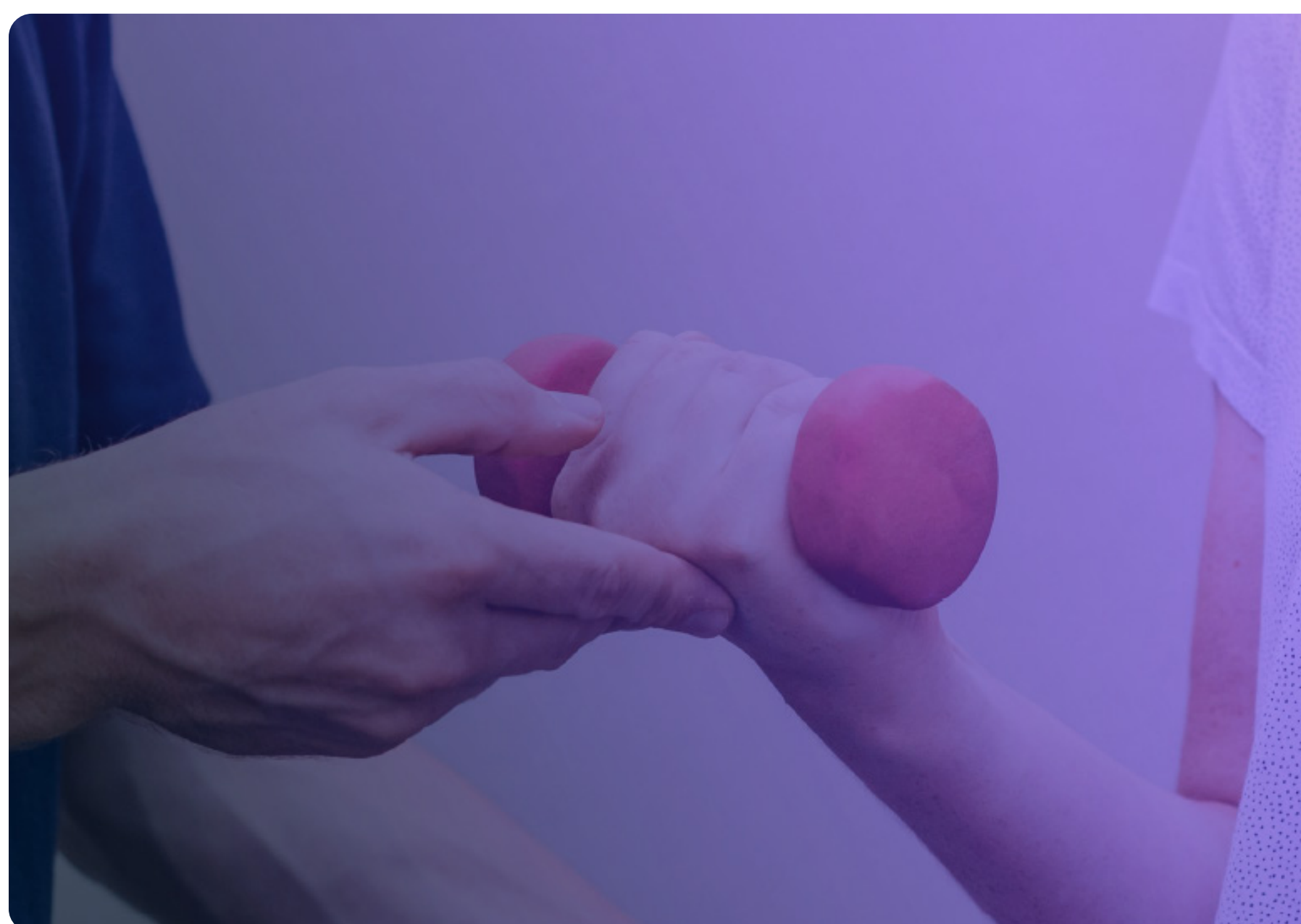
Through Mobithera's web interface, licensed specialists can create customized therapy plans tailored to each patient. Using a rich video-based exercise library, they assign exercises with detailed configurations such as repetition count, duration, rest time, tolerance and frequency. These personalized plans are instantly synced with the patient's mobile app.

Health Providers

For clinicians, Mobithera's Remote Therapeutic Monitoring (RTM) module enables continuous tracking of patient adherence, progress, and reported pain levels through detailed reports and dashboards. Treatment plans can be manually adjusted by healthcare professionals based on patient performance, supporting more personalized care.

Patients

Patients follow their daily exercise plans through the app, which is enhanced with AI-powered motion tracking technology. The system provides real-time visual and auditory feedback to ensure correct form, improving both safety and treatment effectiveness. If movements are performed incorrectly, the app immediately notifies users and offers corrective guidance.



What Are the Challenges?



Difficulty in tracking patient progress remotely



Limited impact of traditional, one-size-fits-all treatment methods



Inaccessible care for patients outside of clinical settings



Challenges in resources availability in clinics



Rising healthcare costs

A Brand New Physiotherapy Experience



AI-Powered Motion Tracking

Real-time AI-based motion analysis ensures accurate exercise performance at home



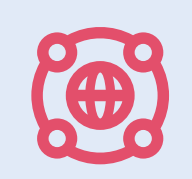
Physician Dashboard

A centralized platform for physicians to monitor progress, adjust plans, and stay connected



Integrated Mobile App

Patients can easily schedule sessions, follow their programs, and receive reminders



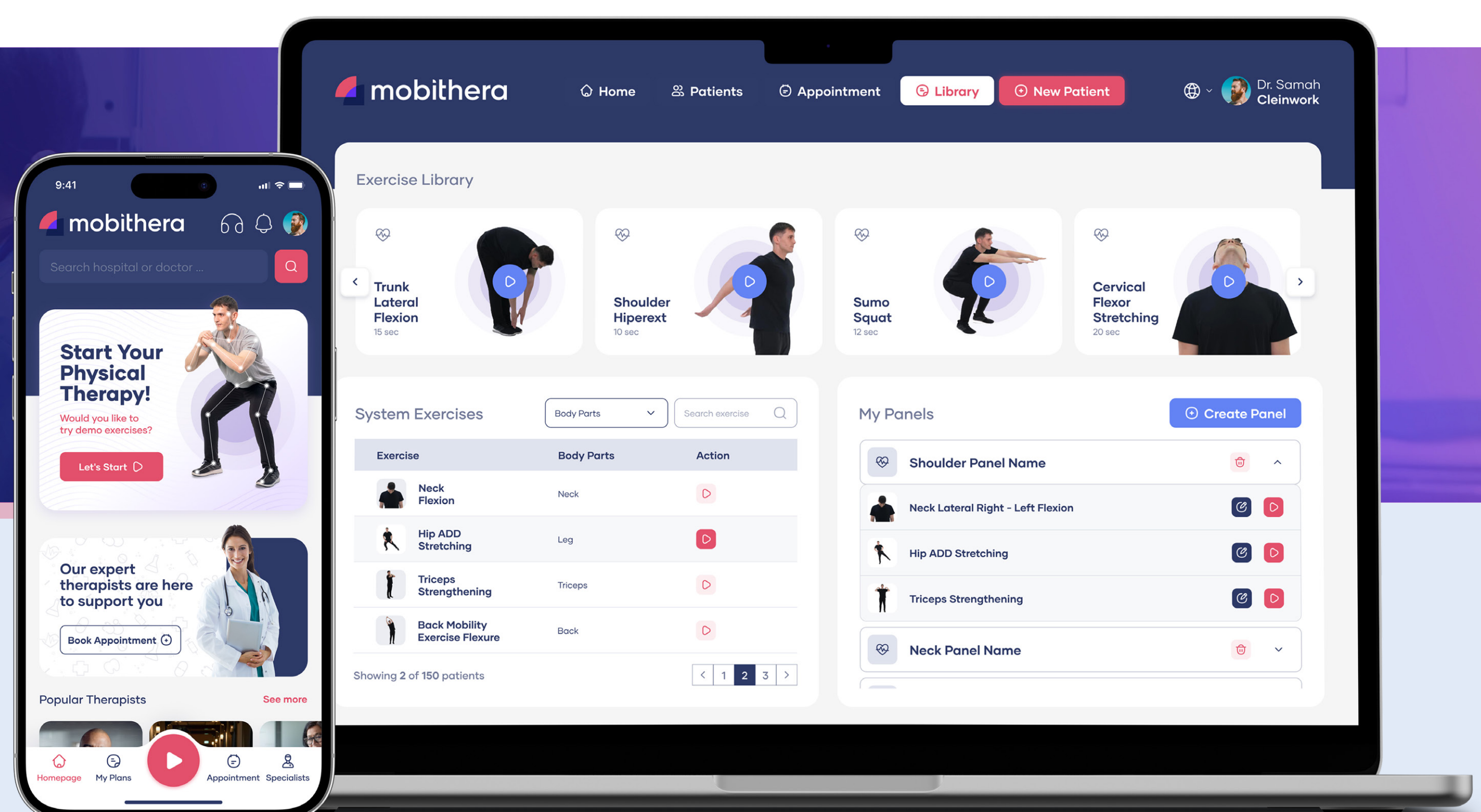
Anytime, Anywhere Access

Available on both mobile and tablet – enabling therapy beyond clinic



Scalable & Efficient

Through automated tracking and reporting capabilities, Mobithera enhances operational efficiency, allowing providers to scale services and support more patients with minimal manual intervention.



Key Benefits for Physicians

- Real-Time Monitoring and Intervention
- Personalized Treatment Plans
- Effective Patient Management
- Data-Driven Decision Support
- Increased Patient Adherence
- Centralized Patient Oversight
- Time Efficiency and Workload Optimization

Key Benefits for Patients

- Accurate Exercise Performance
- Accessible Anytime, Anywhere
- Personalized Written, Visual and Audio Guidance
- Shorter Recovery Time
- Progress Tracking
- Enhanced Confidence & Independence

Mobithera is fully compliant with GDPR, HIPAA, and KVKK regulations and is FDA listed. The platform is currently undergoing MDR Class II a and CE certification processes to ensure alignment with international medical device standards. With a dual focus on clinical efficiency and patient empowerment, Mobithera aims to reshape digital physiotherapy delivery across global markets, making high-quality rehabilitation truly accessible and intelligent.

FDA LISTED

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ISO
13485:2016

GDPR

HIPAA
COMPLIANT

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