



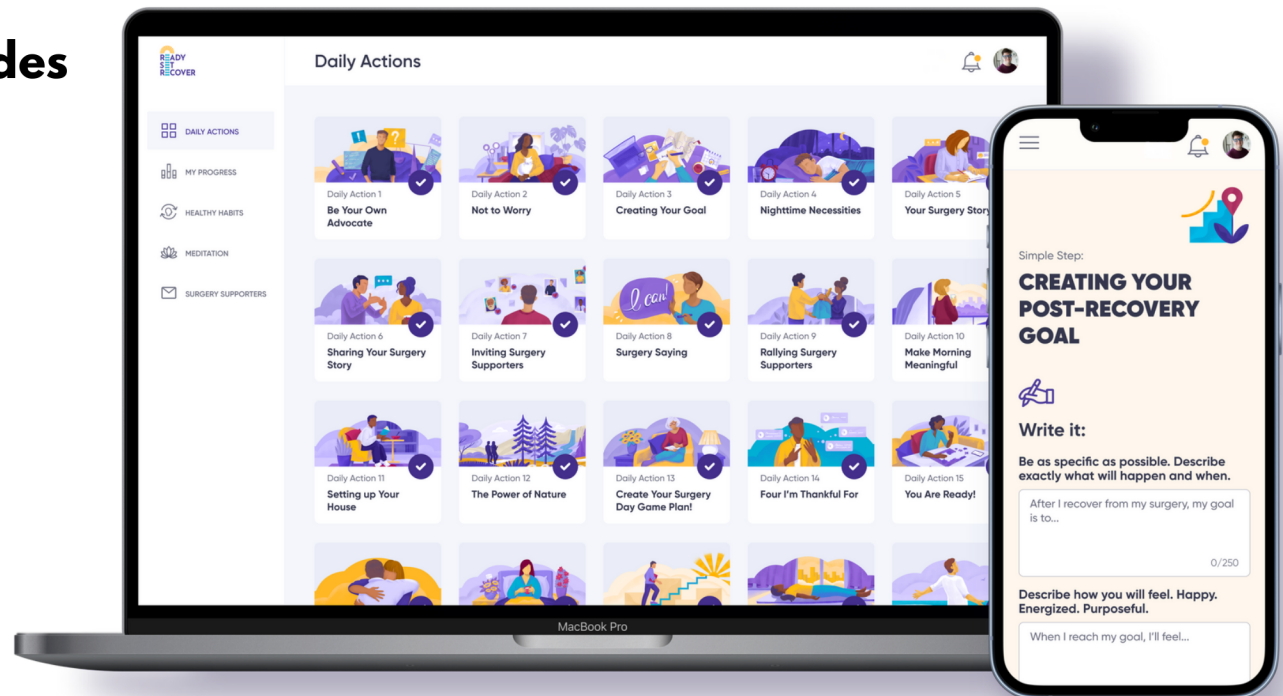
1 Ready Set Recover turns

*Patients who are...
scared, anxious,
stressed, passive,
uninformed, alone and
unprepared into...*

*Participants who are...
engaged, confident,
proactive, informed,
compliant, supported and
prepared.*

2 Ready Set Recover provides

- *Actionable steps, inspiration, and information on topics applicable to any surgery.*
- *Focused meditations, sleep and exercise tracking, and monitoring of physical and emotional well-being.*
- *Assistance and motivation from user's surgery supporters.*



3 Ready Set Recover is

a physician vetted online wellness platform empowering people to prepare for and recover from surgery so they get better, faster and with less stress.

Better Recovery from Surgery. Guaranteed.