## goodpath

## INTEGRATIVE, WHOLE-PERSON CARE FOR **MSK**

**4**/5 Members see a 50%

analog pain rating.

S1,825 Saved medical costs per member.

## Proven, coach-led programs for back, neck, shoulder, hip, and knee pain using:

- Tailored exercise therapy
- Mind-body activities
- Nutrition coaching
- Curated OTCs & devices

Increased shoulder mobility after old injury No more neck stiffness in the morning

## DIGITAL + PHYSICAL ENGAGEMENT



Members also receive a monthly box containing everything they need to complete their programs.

Reduced back pain rating by nearly 60%

Book a demo at oodpath.com